

Wilderness First Aid



Saturday November 18

Sunday November 19

8:30 a.m. to 5:30 p.m.

\$200 per person

**at the Forest Resource Education Center
495 Don Connor Blvd., Jackson, N.J.**

ASHI's 16-hour Wilderness First Aid program is designed to meet or exceed the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition. The program includes a robust PowerPoint presentation and a greater focus on hands-on skills and scenario practices.

*****Certification in adult CPR and AED is included in this course*****

Up to 2 year recognized certification period after successful completion of a written evaluation: When not required by a regulatory agency, it is optional and a performance evaluation: All students must perform required skills competently without assistance.

A manual will be available to purchase for \$19.95 or download for free in PDF format.

To register go to:

<https://medservhealthcare.com/event/wilderness-first-aid/>

COURSE TOPICS

- Wilderness First Aid
- Protecting Yourself
- Legal Considerations
- Moving and Lifting
- Scene Assessment
- Initial Assessment
- Focused Assessment
- Burns • Shock
- Control of Bleeding
- Major Wounds
- Facial Injuries
- Minor Wounds
- Cleaning, Closing and Dressing Wounds
- Head, Neck or Back Injuries
- Musculoskeletal Injuries
- Extended Injury Management
- Altered Mental Status
- Breathing Difficulty, Shortness of Breath
- Abdominal Problems
- Pain, Severe Pressure or Discomfort in Chest
- Poisoning • Heat Emergencies
- Cold Emergencies
- Bites and Stings
- Submersion (Drowning)
- Lightning Strikes
- Altitude Illnesses
- Emotional Considerations
- First Aid Kits
- Protection from the Elements
- Water and Food

